

Sabadell, From July 22<sup>nd</sup> to July 30<sup>th</sup>



# PARTICIPANT'S BOOK





## SUMMARY OF THE PROJECT

The project “Women & Peace: the role of women in peace processes” was born from the debate that emerged during the youth exchange “Walking with refugees” where a Saharan woman was invited to explain her testimony in the ‘connecting people’ session. Most of the participants in the aforementioned exchange were unaware of the Saharan conflict, and in contextualizing the situation, it was observed the role played by Saharan women during the first years of conflict. At this point, it was emphasized that, despite their active role as fighters, peacemakers and activists, women have tended to be underestimated or ignored during negotiations, perceived as the passive victims of war.

We are going to work about the role of women in peace processes through the music and oral tradition as a tool. During the youth exchange the young participants will analyze redemption songs and oral traditional pieces, as they suppose a powerful tool for claiming for peace and human rights.

For a total of 7 days plus two more for the journeys (22<sup>nd</sup>-30<sup>th</sup> of July), a set of 5 entities with 6 participants plus 1 leader per country will be involved in this youth exchange. The project will take place in SABADELL (50 mins by train from Barcelona).

### GENERAL GOALS

- To create a debate around the role of women in Peace processes.
- To promote music and oral tradition as a tool for claiming for peace and human rights, through non-formal education.
- To create a link among young Europeans and partner entities through the youth exchange.
- To create visibility of the Erasmus+ program for youngsters living in Sabadell.



## **SPECIFIC GOALS**

- To foster spaces where dialogue become a tool for peace processes.
- To create a debate around the role of women in peace processes and to develop awareness in the different cultures of Europe.
- To promote the acquisition of knowledge to tackle the prejudices or underestimation around the role of women in peace processes.
- To promote social inclusion of young people with fewer opportunities through oral traditions and music.
- To propose new projects that give continuity to the main objective of the project in other countries.
- To debate and promote the acquisition of knowledge around the topic among youngsters between 18 and 30 years old.

In this way, this project is related to the objectives and priorities of the Erasmus+ program in dealing with the issue of women's empowerment, human rights, peace and social and intercultural dialogue among participants, and to be an inclusive project, which seeks to reflect on the role of women in peace processes, and to have actions open to citizen participation.

The participants of the project will be between 18 and 30 years old. Being a project, whose objective is to analyze the role of women in peace processes through music as well as audiovisuals, it is understood that the majority of participants already have gained some experience in this area or will have a concern for the issues discussed.

Finally, another objective of this youth exchange is to give visibility to the Erasmus+ program, among the youth population of the proposed municipality, Sabadell. As far as dissemination is concerned, the participants themselves will be the vehicle for transferring and disseminating the Erasmus+ program between the local community, and also through social networks and audiovisual material created during the project.



# LOGISTICAL ASPECTS

## YOUTH EXCHANGE ACTIVITY

**FROM the 22<sup>nd</sup> to the 30<sup>th</sup> of JULY, 2018 (22<sup>nd</sup> and 30<sup>th</sup> as travelling days).**

**It is allowed to arrive/leave the country 2-3 days before/after the youth exchange. During the program of the YE we will not visit Barcelona!**

The project will take place in Sabadell, 50min by train from Barcelona-Plaça Catalunya.

**Each country will participate with 1 leader + 6 participants.**



## FLIGHT FEES

The flight fees, for each participant on the youth exchange, and for each team leader on the APV, are as follows:

Croatia: 275.00€
Italy: 275.00€
Portugal: 275.00€
Poland: 275.00€
Spain: 20.00€

**In order not to have problems after the ending of the project:**

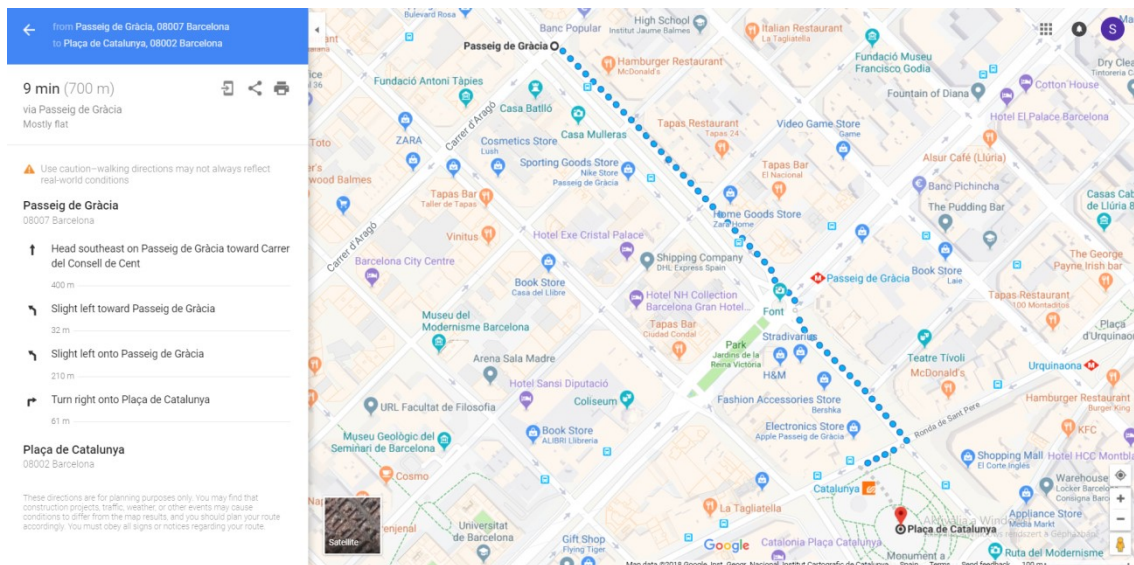
- **If the participants need information about the reimbursements, the group leader will contact the coordination of the project (TACCbcn).**



# FROM BARCELONA EL PRAT- AIRPORT TO PLAÇA CATALUNYA

## 1) From Barcelona - El Prat airport to PLAÇA CATALUNYA

TRAIN **R2N**(4,5€): From Barcelona- El Prat, airport (there are trains with stops in both terminals) to**PASSEIG DE GRÀCIA**, is 45 min. From there you can walk to PlaçaCatalunya in 10 minutes.



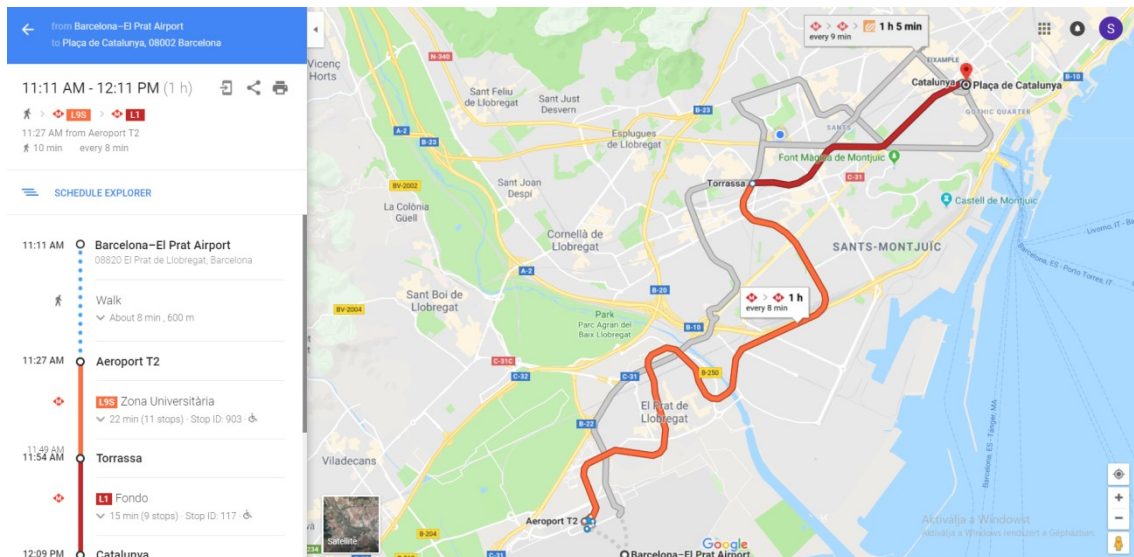
AEROBUS (6'40€): From Barcelona- El Prat to Plaça Catalunya directly. 30min. This option is much comfortable and easy in our opinion. (but up to you, of course).

**Stop called "PLAÇA CATALUNYA".**





METRO (4,5€): From Barcelona – El Prat to **Torrassa** with **L9S**, and from Torrassa to **Catalunya** with **L1**.



## 2) From Plaça Catalunya to Sabadell. We will NOT go TOGETHER!

In Plaça Catalunya train station (RENFE), train number **R4/R12** (direction: **Manresa/Terrassa/Lleida**) until the stop called Sabadell Centre.

Ticket: 2,55€

**Remember to keep all the bills (train/bus/flight) for the reimbursements and the justification of the project. TACC will take everything the first day of the APV/Y.E.**



# YEMEETING POINT

**July 22<sup>th</sup>, 18.00h**

Sabadell Centre, Sabadell.



**July 22<sup>nd</sup>: The leaders and participants will arrive to Barcelona- El Prat Airport before than 16h (in order to stay in the meeting point at 18h).**

**July 30<sup>th</sup>: The leaders and participants will buy flights which departure will be after 10h from Barcelona- El Prat Airport.**





## **BAGGAGE CLAIM**

If you would like to see Barcelona before the meeting point, but don't want to carry excessive luggage with you, it is possible to leave it in a baggage claim next to Plaça Catalunya.

### **Locker Barcelona**

Carrer Estruc, 36

Barcelona, 08002

Espanya

Tel: +34 93 302 8796

Website: Locker Barcelona

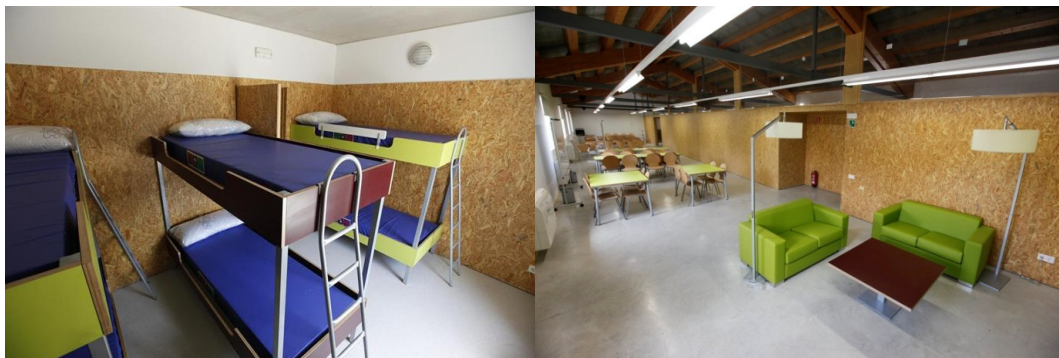
Email: [info@lockerbarcelona.com](mailto:info@lockerbarcelona.com)

**4 euros for 1 day**, you can pay in cash or by credit card (Visa, MasterCard) for 1 cabin suitcase.

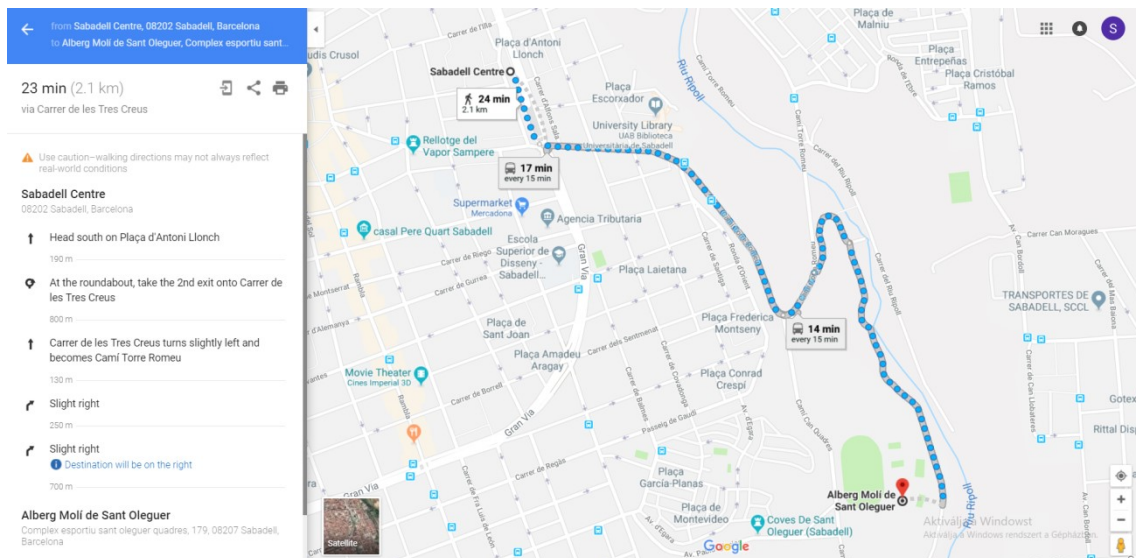


# MOLÍ DE SAN OLEGUER – The Hostel

(Complex Esportiu Sant Oleguer Quadres, 179, 08207 Sabadell, Barcelona)



If you are late from the meeting point, you have to walk the following way:





# RULES FOR THE CORRECT DEVELOPMENT of the PROJECT

- Youth Exchange leaders will use the private Facebook group for keeping in touch (it will be created after the APV).
- **Every YE leader and participant MUST HAVE and BRING his/her personal European Health Insurance Card (EHIC).**
- Every participant country group must prepare 3 energizers.
- Every country group will prepare the workshops (see the program), and each country group will investigate and prepare the workshop “The situation and role of women in peace processes is...”. Every country group has to find one example, minimum, to explain it.
- Every country will organize one Intercultural Night. For every night, there is a **budget up to 30€** to buy food, soft drinks, materials, etc. that will be paid back by giving in valid receipts.
- Under working commissions, every participant country group will collaborate with dining basic tasks (preparation of the tables, sweeping the dining room, etc).



## RULES FOR LEADERS

- Every group leader MUST forward (send to an e-mail and say in leader meetings) all information gathered in APV to their own group.
- Every group leader has to take care about the procedure of the documents on Erasmus+ Program (save boarding passes, intercultural night receipts, etc.) in order to give them to the coordination of the project during the YE.
- Every group leader is directly responsible for his/her group and he/she must watch over for every participant's safety and wellbeing.
- All group leaders must be involved in all activities (supervising, giving help if needed, etc.).
- 10 minutes before dinner the group leader will participate in a 10 minutes briefing.
- After breakfast 1 group leader (taking turns) will lead a talk with the group of all participants to explain the daily plan.
- Every morning every leader will work with his/her own group on participants' Youth Pass.
- If you are old enough to drink, you are mature enough to be on time and to work the next day. BE RESPONSIBLE AND CONSEQUENT WITH YOUR ACTIONS.

**The organization reserves the right to expel the participant in case your choice is not to participate actively during the project.**



# RULES FOR PARTICIPANTS

- Every participant is requested to respect timetable and to be on time and ready to actively participate in every activity.
- It is mandatory to keep in order common rooms and to collaborate to keep private rooms clean. Guests will be expected to reimburse for any damage caused by inappropriate behavior during their stay.
- Smoking inside the living and working places is not allowed.
- Bringing food and eating inside the living and working places are not allowed.
- **Every participant must bring his/her own bed sheets, towel and hygienic products.**
- Every participant must respect the silence time at the hostel from 00:00 and **MUST** be back at the building before 1:30 a.m.
- If you are old enough to drink, you are mature enough to be on time and to work the next day. **BE RESPONSIBLE AND CONSEQUENT WITH YOUR ACTIONS.**

**The organization reserves the right to expel the participant in case your choice is not to participate actively during the project.**





TIMES	22JULY	23 JULY	24JULY	25 JULY	26JULY	27JULY	28 JULY	29JULY	30JULY
<b>WORKING PLACE</b>		SABADELL& YOUTH HOSTEL	SABADELL& YOUTH HOSTEL	SABADELL& YOUTH HOSTEL	SABADELL (Can Rull)	SABADELL& YOUTH HOSTEL	SABADELL& YOUTH HOSTEL	SABADELL	
8.30-9.15		BREAKFAST							
9.45-10.00		ENERGISER Catalunya	ENERGISER Spain	ENERGISER Poland	ENERGISER Italy	ENERGISER Croatia	ENERGISER Portugal	ENERGISER	
10:00-10:30		WORKING ON <u>YOUTH</u> PASS WITH GROUP LEADERS							
10.30-12:00		<b>PRESENTATION</b> ERASMUS+ , the exchange Name games (Poland)	<b>THE SITUATION</b> and <b>ROLE OF WOMEN IN PEACE PROCESSES</b> IS...	TESTIMONY of a Saharan singer & activist woman	WHAT HAPPENED in CROATIA in the 90's (Croatia)	<b>SHARING SONGS AND IDEAS FOR THE SONG/VIDEO</b>	Work on the FINAL PERFORMANCE	Work on the FINAL PERFORMANCE	
12.00-12.15		BREAK							
12.15-14.00	<b>ARRIVALS</b>	Hopes and expectations	<b>SHARING OPINIONS</b>	TESTIMONY of a Saharan singer & activist woman	WHAT HAPPENED in CROATIA in the 90's (Croatia)	<b>IDEAS FOR THE SONG/VIDEO</b>	Work on the FINAL PERFORMANCE	Work on the FINAL PERFORMANCE	
14.00-16.00		LUNCH							<b>DEPARTURES</b>
16.00-18.00		<b>GYMKHANA/ TEAM BUILDING</b>	The role of women in peace processes: Documentaries (Italy)	HOW CAN I COMPOSE MY SONG (Spain)	WORKING ON IDEAS	Work on the FINAL PERFORMANCE	Work on the FINAL PERFORMANCE	<b>FINAL PERFORMANCE</b>	
18.00-18.15		BREAK							
18.15-20.00		<b>GYMKHANA/ TEAM BUILDING</b>	The role of women in peace processes: Debate (Italy)	CREATING OUR SONG!	Intermediate evaluation	Work on the FINAL PERFORMANCE	Work on the FINAL PERFORMANCE	<b>FINAL PERFORMANCE</b> Final evaluation	
20.00-21.30		DINNER							
22.00	Get to know each other (Poland)	Intercult. night Catalunya	Intercult. night Spain	Intercult. Night Poland	Intercult. Night Italy	Intercult. Night Croatia	Intercult. Night Portugal	Farewell party (Secret friend. Poland)	
00.00		SILENCE							
1.30		EVERYONE MUST BE BACK AT THE HOSTEL							



**Centar za Društveno-Humanistička Istraživanja  
(Croatia)**



**Jonathan Cooperativa Sociale  
(Italy)**



**Work Educate Study Train  
(Portugal)**



**SEMPER AVANTI  
(Poland)**



**Taller d'Art, CulturaiCreació  
(Spain)**

Sabadell, From July 22<sup>nd</sup> to July 30<sup>th</sup>



# EMERGENCY CONTACT

**Maria Fernandez (Taller d' Art, Cultura i Creació)**  
**+34 620 24 21 91**

**EMERGENCIES TELEPHONE NUMBER**  
**112**

Sabadell, From July 22<sup>nd</sup> to July 30<sup>th</sup>



**SEE YOU SOON!**



Facebook  
Instagram  
Twitter/taccbcn  
[www.taccbcn.com](http://www.taccbcn.com)